

Missy Cotter Smasal

Missy served as a Naval Surface Warfare Officer and deployed to the Gulf during Operation Enduring Freedom. Following active-duty service, she earned a master's degree at ODU and then owned and operated a small business in Virginia Beach for over a decade. She is currently the Executive Director of Valor Run, an organization that honors servicewomen and veterans through running events, and is an avid runner. She and her husband, Bryan, have lived on the Chesapeake Bay for 20 years, and enjoy kayaking with their children in the Bay.